



SATIMATA SHIKSHAN SANSTHA'S
DR. M. K. UMATHE COLLEGE
APPROVED BY GOV.T OF MAHARASHTRA & AFFILIATED TO RTM NAGPUR UNIVERSITY

Reaccredited
by
NAAC with
B++

Lokseva Nagar, Bhamti, Ring Road, Nagpur - 440 022.

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Shri Kishor Umathe
Secretary

Dr. D. V. Naik
Principal

Ref. No. MKU

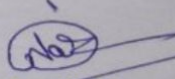
Date : 19/06/2020

Notice

Online International Yoga Day Celebration
"Yoga at Home and Yoga with Family"

Department of Physical Education and National Service Scheme (N.S.S.)
Going to celebrate 6th **International Yoga Day** on 21st June 2020 at 8:30 A.M.
in online mode due to COVID - 19 Pandemic.

All the Teaching staff, Non- Teaching staff and students are requested to
make the occasion a big success by their active participation from home through
Zoom App. Zoom ID: 879 6663 8481 Password: 652884


PRINCIPAL
Dr. M. K. Umathe College
Nagpur - 440022



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Date : 22/06/2020

A Report

On

“International Yoga Day Celebration”

Date: 21st June 2020

International Yoga Day was celebrated by Department of Physical Education and National Service Scheme (N.S.S.) in Dr. M. K. Umathe College, Nagpur on 21st June 2020 at 8:30 A.M.

The day for yoga was declared unanimously by the United Nations General Assembly (UNGA). Yoga is a physical, mental and spiritual practice originated in India. The Indian Prime Minister, Shri Narendra Modi in his UN address suggested the date of 21 June. International Day of Yoga is celebrated annually on 21st June since its inception in 2015.

In this year (2020) due to COVID – 19 Pandemic, the International Yoga Day was Organized by online through Zoom.

On this celebration, we had got Smt. Mandatai Umathe, President of Sati Mata Shikshan Sanstha as a Yoga Advisor & Miss. Jyoti Shembekar as a Yoga Instructor. Shri. Kishorbhau M. Umathe, Secretary of Sati Mata Shikshan Sanstha and Dr. D. V. Naik, Principal of Dr. M. K. Umathe College, Nagpur participated in an online session to mark International Yoga Day. Where in Prof. Apurba Pal, Director of

Physical Education, Dr. Vinod B. Khedkar, Program Officer in National Service Scheme (NSS), Dr. Pritee K. Umathe, Assistant Professor in Marathi Department and All the Teaching and Non-Teaching staff and also College Students participated in an online session on International Yoga Day. This day on 21 June 2020 was make as a remarkable because first time celebrated online international yoga day.

“Yoga at Home and Yoga with Family”

Schedule
21 June 2020
8:30 AM

Yoga Advisor
Smt. Mandatai Umathe
President Satimata Shikshan
Sanstha, Nagpur



Miss. Jyoti Shembekar
Yoga Instructor

Regards
Dr. D. V. Naik
(Principal)

Prof. Aparna Pal
(Director of Physical Education)

Dr. Vinod B. Khedkar
Program Officer (NSS)

Zoom webinar
Webinar ID: 879 6663 8481
Password: 652884

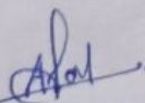

Department of Physical Education
&
National Service Scheme (NSS)
OR
DR. M. K. UMATHE COLLEGE, NAGPUR

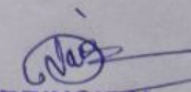
*“Yoga at Home
and
Yoga with Family”*

**Celebrating Online
Yoga Participation
Program**

*On Sixth International
Yoga Day*




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